FALL SPORTS RUNDOWN CRISS COUNTRY



GIRLS: 13-4 BOYS: 11-6



Emmaus cross country entered another year under head coach Dan Wessner, and saw major improvements over last season, winning key races against Freedom and Bethlehem Catholic. Key runners included, for the girls, senior Abby Dalton, junior Abby Heilenman, and freshman Kera Reinhard, and for the boys, junior Jacob Brown, senior Charlie Norelli. Dalton and Reinhard competed in the PIAA state meet in Hershey, where they both ran personal bests.



SIGUETA GIRLS: 15-8-1 BOYS: 17-5-1



Girls soccer was once again a competitor in the EPC, impressing with solid performances. The Lady Hornets scored a runner-up position in the District XI Championships, and earned their first PIAA State Tournament berth in eight years. Senior tri-captains Rachael Miller, Sophie Pickering, and Amy Lineberger provided leadership in the midfield as the Lady Hornets posted a great year. They are coached by Sarah Oswald in her third season.

Boys soccer once again produced a fantastic season. With big wins against Northampton, Central Catholic, and at Cumberland Valley. Senior Tri-Captains Dakota Bauer, Jonathan Heberlein, and James Haag led the team to the EPC Championship and District XI Championship, where they unfortunately came up short against Parkland both times, after clinching the second seed in the tournament overall. They are coached by John Cari in his 13th year.



13-6

Girls volleyball, under head coach Gwen Millets (16th season), recorded one of Emmaus volleyball's best seasons in recent times. For the first time ever, they defeated the Parkland Trojans in straight sets, which kept them undefeated at home, and they also competed in the District XI Tournament.

2-2-1

Emmaus Ice Hockey enters this season with high hopes, with a strong corps of players looking to prove themselves. They opened their season with a 4-3 win over Northampton at the PPL Center, where they played a game against Parkland and will play Central/Beca. The seniors Include Shane Miller, Zakk Foster, Joe Eckstein, Gavin Wolff, Andrew Wigfield, Tayler McAllister, Kyle Bortz, and Alec Beck. They are coached by Jamie Reider.





Dimitri Diamandopoulos led girls' tennis in his 22nd season coaching Emmaus. Seniors Tina Zhang, Cindy He, and freshman Mia Columbus led the team to a 6-9 overall record, following a 5-0 start with key wins against Whitehall and East Stroudsburg South.